

Learning through Reflection

Supporting learning through reflection at any time “puts students at the centre of their own learning, viewing them as the architects of their own lives. Students are encouraged to discover who they are explore opportunities, pursue their passions, and design personal pathways to success.” (*Creating Pathways to Success, 2013, Ministry of Education*) Developing a reflective mindset allows students to turn every experience into a learning experience.

Using reflective questions in a WHAT, SO WHAT and NOW WHAT model allows students to be involved in the experience from beginning to end. Try these question in a chart, on padlet, Microsoft whiteboard or online dice to have students answer questions connected to the learning.

What	So What	Now What
What are some essential learnings you need to know about before you begin?	A question I have about ____ is....	What connections have you made with...
What plans do I need to make to achieve my goals?	How can we link (<i>blank</i>) to our goals?	Where do you need to focus your attention now?
What is the purpose or goal of my work?	What highlights about (<i>blank</i>) can your share?	How does what we learned here connect with real life?
What are some opportunities that can be developed to support my learning?	What needs to happen to increase opportunities in....	What are your next steps now?
What experiences do I already have related to....	What can you share about...	What do you still have wonderings about?
What do I expect to learn today?	How are you feeling?	How could you share what you learned with family and friends?
What are you most looking forward to?	What would happened if?	What did you learn about yourself today from this activity?